

MyHeartMyWay™ Plans

Concierge Heart Care

Member benefits depending on the plan:

- **Direct Cardiologist Access** via **MyHeartMyWay™** email, text or dedicated telephone line.
- **Lifestyle Coaching** focused on heart disease prevention
- **Relaxed Appointment Scheduling** to accommodate your lifestyle needs and not rush you through the appointment*
- **Referral Care Coordination** to help you get to get other specialty care you need in a timely manner.
- **Personal Supervision** of stress tests – normally, stress tests are supervised by a nurse practitioner without the opportunity to interact with Dr. Cohen for immediate results and recommendations
- **Procedure results** - Same day in person review of procedures done in the office without additional fee. Standard care is having testing on one day and coming back another to discuss the results.
- **All Appointments will be with Dr Cohen** except when he is on vacation or at conferences. In his absence, if he determines that an office evaluation is required, it will be performed by a Nurse Practitioner, who will discuss the findings with Dr Cohen or one of the Interventional Cardiology Medical Group, Inc cardiologists.
- **Address non-cardiac health concerns**
- **Form completion fees:** The standard practice fees for these activities will be waived for subscribers to all plans
- **Welcome Package**

Silver \$1450.00/year

- **Direct Cardiologist Access** from 8 AM to 6 PM Monday-Friday**. **MyHeartMyWay™** email, and **MyHeartMyWay™** dedicated telephone number (texting and calling). This plan does not include access to Dr Cohen during non-business hours.
- Lifestyle Coaching focused on heart disease prevention
- Relaxed Appointment Scheduling to accommodate your needs
- Attendance at select cardiology procedures performed by other cardiologists at WH Hospital or Providence Cedars Sinai In Tarzana
- Referral Care Coordination

- Direct supervision of stress tests
- Same day in person review of procedures done in the office without additional fee
- No additional fees to sign forms (doctor's notes, jury duty, disability, etc.)
- Address non-cardiac health concerns
- Lifestyle Coaching
- Welcome Package ***
 - OmegaChek blood test to analyze blood levels of omega fatty acids
 - 1 month supply of Thorne ResveraCel, Stress B complex and Vitamin C with Flavinoids

Gold \$2500.00/year

- 24/7** **Direct Cardiologist Access – MyHeartMyWay™** email, and **MyHeartMyWay™** dedicated telephone number to text (preferred) or call Dr Cohen directly.
- Lifestyle Coaching focused on heart disease prevention
- Relaxed Appointment Scheduling to accommodate your needs
- Attendance at select cardiology procedures performed by other cardiologists at WH Hospital or Providence Cedars Sinai In Tarzana
- Referral Care Coordination
- Direct supervision of stress tests
- Same day in person review of procedures done in the office without additional fee
- No additional fees to sign forms (doctor's notes, jury duty, disability, etc.)
- Address non-cardiac health concerns
- Lifestyle Coaching
- Welcome Package (choice of one) ***
 - CT calcium score, if appropriate
 - OmegaChek – OmegaChek – analysis of blood levels of omega fatty acids
 - Thorne Health Bundle (3 month supply): SuperEPA, ResveraCel, Vitamin C w/Flavinoids
 - Omron Evolv Wireless BP cuff and AliveCor KardiaMobile 6L portable ECG and one year KardiaPro Dashboard connection

Executive \$7500.00/year:

- **House/Place of business physician visits** available at mutually convenient times, maximum 4 visits per year
- 24/7** **Direct Cardiologist Access – MyHeartMyWay™** email, and **MyHeartMyWay™** dedicated telephone number to text (preferred) or call Dr Cohen directly.
- Lifestyle Coaching focused on heart disease prevention
- Relaxed Appointment Scheduling to accommodate your needs

- Attendance at select cardiology procedures performed by other cardiologists at WH Hospital or Providence Cedars Sinai In Tarzana
- Referral Care Coordination
- Direct supervision of stress tests
- Same day in-person review of procedures done in the office without additional fee
- No additional fees to sign forms (doctor's notes, jury duty, disability, etc.)
- Address non-cardiac health concerns
- Lifestyle Coaching
- Welcome Package (choice of one) ***
 - CT coronary calcium score, if appropriate
 - OmegaChek – analysis of blood levels of omega fatty acids
 - Thorne Health Bundle (3 month supply): SuperEPA, ResveraCel, Vitamin C w/Flavinoids
 - Omron Evolv Wireless BP cuff and AliveCor KardiaMobile 6L portable ECG and one year KardiaPro Dashboard connection

Plan benefits do not cover billable medical evaluation, management and testing fees which will be billed to insurance. Plans do not replace insurance. Clients will be responsible for their copays and deductibles.

Primary Care Physicians: Dr Cohen requires Medicare patients to maintain a primary care physician to perform the annual Medicare Wellness exam and make sure vaccination and cancer screening schedules are followed.

*Dr Cohen may occasionally be called to the hospital for an emergency, which could lead to a shortened appointment.

**Availability: Dr Cohen may be unavailable for limited periods of time because of airline travel, time zone issues when traveling, attendance at conferences and personal commitments. As well, he will not be immediately available when he is performing hospital-based procedures or taking care of other clients. He will notify clients by email when he anticipates unavailability lasting more than 8 hours. If at any time, clients believe they are having a possible medical emergency and Dr Cohen is not immediately available to provide guidance, clients must go to the nearest ER or call 911 for emergency help. Interventional Cardiology Medical Group always has a doctor on call to the hospital for emergencies.

***Welcome Gift choices subject to change without notice